



Dr. Indigo's Circle

# PLAYING *by the* UNWRITTEN RULES

## Moving Beyond the Glass Ceiling

THURSDAY  
**MARCH 15**  
**2018**  
Hotel Fort Canning  
Singapore

**Question:**



*Are you where you want and need to be in your career, company or organization?*

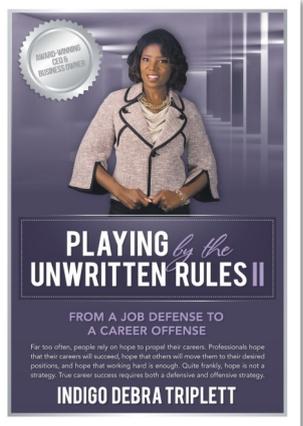
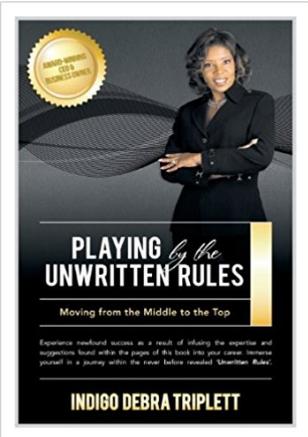
*If your career is stagnating, maybe it's not 'what' is keeping you from the top; maybe, it's 'who' is keeping you from the top. And, that 'who' could be 'you'! Dr. Indigo and her circle of experts will provide a performance GPS to success.*

**Facilitator:**  
Dr. Indigo Triplett  
Author of popular  
book series  
*"Playing by the  
Unwritten Rules"*



**Do you want to break through the glass ceiling, but there is nothing that shows you how? Then this is a MUST JOIN session for you!**

Real time practical  
**T**ools,  
**T**ips &  
**T**echniques



### DO YOU KNOW?

Despite years of advances for women, many qualified women don't get the jobs or opportunities they want or deserve. A variety of reasons, both internal and external factors, can sabotage a woman's success – unless she takes a more strategic approach to her career and plays the game that exists in all organizations.

### As a Woman Participant, You Will

Develop knowledge & skills to perform with increased abilities

Achieve greater heights with confidence and political savvy

Strengthen your net-worth both personally & professionally

Develop a path for promotability

Develop ability to move in the right direction

# FORUM *Agenda*

## MODULE ONE:

### I Am a Woman: That Makes Me Uniquely Qualified to Lead

This session is the foundation of the entire programme. We examine the history of women leaders and the triumphs and challenges that they have encountered. We look at the psychological, social and cultural differences between men and women based on acceptable norms and mores to dispel myths and stereotypes. Participants will examine whether they lead out of a 'fear of success' or a 'fear of failure'. We will explore behaviors that are career limiting and explore how to get more of what you want both personally and professionally with confidence.

## MODULE TWO:

### Module Two: Moving from the Middle to the Top

This session takes a poignant look at organizations and the "**unwritten rules**" that often derail careers. Participants will explore why many professional women are in the middle and what it takes to move to the top. We examine why many women have a difficult time achieving ongoing success based on a lack of understanding '**the game**' and the rules that are often unbeknownst to women, especially first generational successes. We'll discuss how to remove obstacles and barriers.

## MODULE THREE:

### Module Three: Developing Bench Strength

Developing your strength and understanding bench strength for your team are required for sustainable success. Is it logical for a professional to get into her car and set out for a new destination without directions, goals, or even a map? Often professionals will conduct their career progression without a path or clear direction based on their prior successes. However, what got you to one point may not work for your future career destination as competition steepens and the funnel narrows. This session will help you develop a career map based on bench strength for your organization and personally. This ultimately supports retention.

*Register by 10/2 for an Early Bird Special: Valued at S\$400*

#### Table Top Discussions with Dr. Indigo's Circle of Experts:

- Leading with Heart-Based Power
- Motivating and Influencing through Persuasion
- Moving from Avoidance to Assertiveness
- Setting Intentions based on the Butterfly Effect
- Understanding Career Mgt. & Career Dev.

#### An Evening Networking Event:

Cohort Attends New Zealand Chamber's International Women's Day Celebration as Special Guests of Dr. Indigo for Networking, Sisterhood and Learning

PROGRAMME  
FEE:

**SGD 983**

**Email to  
Reserve  
Your Seat  
Today!**

**Sinclair@4-DPerformance.com**

This forum is uniquely designed to offer hands-on skill building sessions, as a cohort. The 1-day event is filled with workshops, table top discussions led by international experts, and culminated with an evening event. It's a personal and intimate programme with limited seats for:

- High performance women with a desire to be globally competitive
- Women in management or leadership (independent or corporate)
- High potential women seeking growth opportunities and advancement
- Women who have worked hard, but haven't seen a success trajectory despite all their efforts

### Table top discussions led by business professionals within Dr. Indigo's Circle:



**Eliza Quek,**  
Director  
Terrific Mentors  
International Pte Ltd



**Patrick Lee,**  
Managing Director  
Pacific Power  
Solutions Pte Ltd



**Dr. Vivienne Hunt,**  
President  
New Zealand Chamber  
of Commerce SG



**Isabel Vadivu Govind**  
Founder  
Joy Works



**Grace Chew,**  
Executive Director  
G Gianna  
Consultancy Pte Ltd

Based on the law of averages, someone will always be in the middle while never making it to the top, but that someone doesn't have to be you. This forum is revolutionary in helping women succeed based on Dr. Indigo's research and philosophy on **playing the game by the unwritten rules**. To get more of what you want and less of what doesn't align with your goals, we explore freedom to choose and empowerment. Dr. Indigo's Circle is insightful, innovative, inspiring & in-depth, providing just-in-time real-world practical tips and tools to help you with upward mobility and to acquire the success that until now has eluded many professional women. As a cohort, you will learn about self for self-management, and how to engage others to overcome obstacles and remove barriers.

### ABOUT DR. INDIGO “An employee handbook lists company's rules to help you keep a job, but there is nothing in there to help you get promoted. That requires playing the game by the unwritten rules,” says Dr. Indigo who



has worked with organizations such as Pentagon, NASA, CIA, US Army, Halliburton, Time Warner, Turner, CDC, State Department, and more. She led her US company to the Inc. Magazine list of Top 500 Fastest Growing Companies, in America based on growing an HR firm into a multimillion dollar performance management company with contracts ranging from 3.5 million to 18 million dollars. In Asia, she has presented at:

